



Birth Year and Season Matrix

When determining the age group for a season, the year the season ends should be used for determining the birth year. Also note the format “U followed by age” really means that age and younger. For example, U8 should be read as 8 and younger. For more age group info, please reference U.S. Soccer’s Player Development Initiatives.

Season	2021-2022	2022-2023	2023-2024	2024-2025
Birth Year				
2020				
2019				U6
2018			U6	U7
2017		U6	U7	U8
2016	U6	U7	U8	U9
2015	U7	U8	U9	U10
2014	U8	U9	U10	U11
2013	U9	U10	U11	U12
2012	U10	U11	U12	U13
2011	U11	U12	U13	U14
2010	U12	U13	U14	U15
2009	U13	U14	U15	U16
2008	U14	U15	U16	U17
2007	U15	U16	U17	U18
2006	U16	U17	U18	U19
2005	U17	U18	U19	
2004	U18	U19		
2003	U19			